

### October Newsletter

**In House Improvements:** 

We resurfaced our parking lot! Check out how amazing our lot looks!



Welcome 29
New Students:

Arjun A.

Diyang A.

Dawn B.

Hallie C.

Kaylee D.

Noah D.

Alonso D.

Chuck D.

Razanne E.

Victoria G.

# Thank you to all of our performers in our Online Recital! We are so proud of all of you!



50 different students participated! We are so happy to be able to provide a performance opportunity for our students amidst everything else. We plan on doing the same thing in the winter, after our winter showcase.

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Gavin G.

Karli H.

Avery J.

Brittney J.

Racquel K.

Chase L.

Hellena M.

Zofia M.

Isabelle P.

Lilly P.

Payton P.

Azul P.

Arianna R.

Richard R.





### - Closed -

November 24th - 28th

**For Thanksgiving** 

Mike S.

Samantha S.

Sydney U.

Aluanna W.

Herb Y.

#### Halloween Costume Contest!

### Join the fun and win a \$25 gift card! Halloween Costume Contest!

October 25th - October 31st!



Wear your Halloween costume to your music lesson Sunday Oct. 25 – Saturday Oct. 31!

Pictures of each contestant will be posted on our Facebook page Winner will be determined by popular vote!

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## How Playing Music Benefits Your Brain More than Any Other Activity

Musician Glenn Kurtz wrote in his meditation on the pleasures of practicing: "Making music changes my body." Kurtz's experience, it turns out, is more than mere lyricism — music does change the body's most important organ, and changes it more profoundly than any other intellectual, creative, or physical endeavor.

Music benefits the brain more than any other activity; it impacts executive function and memory, and reveals the same neural structure implicated in explaining Leonardo da Vinci's genius.

Playing music is the brain's equivalent of a full-body workout. Playing an instrument engages practically every area of the brain at once — especially the visual, auditory, and motor cortices. And, as in any other workout, disciplined, structured practice in playing music strengthens those brain functions, allowing us to apply that strength to other activities. Playing music has been found to increase the volume and activity in the brain's corpus callosum — the bridge between the two hemispheres — allowing messages to get across the brain faster and through more diverse routes. This may allow musicians to solve problems more effectively and creatively, in both academic and social settings.

Because making music also involves crafting and understanding its emotional content and message, musicians also have higher levels of executive function — a category of interlinked tasks that includes planning, strategizing, and attention to detail, and requires simultaneous analysis of both cognitive and emotional aspects.

This ability also has an impact on how our memory systems work. And, indeed, musicians exhibit enhanced memory functions — creating, storing, and retrieving memories more quickly and efficiently. Studies have found that musicians appear to use their highly connected brains to give each memory multiple tags, such as a conceptual tag, an emotional tag, an audio tag, and a contextual tag — like a good internet search engine.

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# Forté is Filling up! Here are the remaining teacher openings!

#### **Monday:**

Bogdan (violin/viola) - 2 Openings

#### Chelsie (voice/piano) - SOLD OUT

Dana (violin) – 3 Openings

Dennis (guitar) – 2 Openings

Dianne (voice/guitar/ukulele) - 1

Opening

Jim A. (cello) – 3 Openings

#### Jim S. (voice/piano) - SOLD OUT

Justin (piano) – 2 Openings

Kevin S. (woodwind/brass) – 2 Openings

Ron (guitar/bass/mandolin/banjo) - 2

**Openings** 

Ryan (voice/piano) – 2 Openings

Scott (drums) – 3 Openings

Sy (piano) - SOLD OUT

#### **Tuesday:**

Bogdan (violin/viola) – 1 Opening

Chelsie (voice/piano) – 2 Openings

Dianne (voice/guitar/ukulele) -

SOLD OUT

Jim S. (voice/piano) – SOLD OUT

Kevin S. (woodwind/brass) – 2 Openings

#### Lucas (voice/guitar) - SOLD OUT Melanie (piano) - SOLD OUT

Randy (violin/viola) – 1 Opening

Ron (guitar/bass/mandolin/banjo) - 1

Opening

Ryan (voice/piano) - 3 Openings

Sam (drums) – 3 Openings

Sy (piano) - SOLD OUT

Taylor (guitar/piano) – 2 Openings

#### Wednesday:

Bogdan (violin/viola) – 1 Opening

Chelsie (voice/piano) – 1 Opening

Jim A. (cello) – 2 Openings

#### Jim S. (voice/piano) - SOLD OUT

Justin (piano) - 1 Opening

Kevin P. (piano) – 1 Opening

Kevin S. (woodwind/brass) – 2 Openings

Michael (voice/piano) - 3 Openings

#### Melanie (piano) - SOLD OUT

Randy (violin/viola) - 2 Openings

Ron (guitar/bass/mandolin/banjo)- 1

Opening

Ryan (voice/piano) - 2 Openings

Sam (drums) – 2 Openings

Sy (piano) - SOLD OUT

#### **Thursday:**

Bogdan (violin/viola) – 1 Opening

Dana (violin) – 2 Openings

Dianne (voice/guitar/ukulele) – 1

Opening

#### Jim S. (voice/piano) - SOLD OUT

Kevin S. (woodwind/brass) – 1 Opening

Lucas (voice/guitar) - SOLD OUT

Marjorie (piano) - SOLD OUT

Randy (violin/viola) - SOLD OUT

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Ryan (voice/piano) – 2 Openings

Scott (drums) – 3 Openings

Sy (piano) - SOLD OUT

Taylor (guitar/piano/ukulele) – 1 Opening

# Forté is Filling up! Here are the remaining teacher openings!

#### **Friday:**

Ashley (clarinet/saxophone) – 1
Opening
Bogdan (violin/viola) – 1 Opening
Corey (trumpet) – 2 Openings
Diego (brass/piano/guitar) – 1
Opening

Joslynn (voice/piano) – 2 Openings Justin (piano) – 2 Openings Kayleigh (drums/percussion) - 2 Openings

#### Lucas (voice/guitar) – SOLD OUT

Melissa (violin/viola) – 2 Openings

### Peter (guitar/bass/oud) – SOLD OUT

Randy (violin/viola) – 2 Openings Ron (guitar/bass/mandolin/banjo) – 1 Opening Tyler (voice/piano) – 1 Opening

#### **Saturday:**

Alexis (flute/guitar) – 2 Openings Ashley (clarinet/saxophone) – 1 Openings

#### Bogdan (violin/viola) - SOLD OUT

Bonnie (piano) – 1 Opening Corey (trumpet) – 2 Openings Jim A. (cello) – 3 Openings

#### Peter (guitar/bass/oud)- SOLD OUT Ron (guitar/bass/mandolin/banjo) - SOLD OUT

Ryan (voice/piano) – 2 Openings **Sandra (piano) – SOLD OUT** 

#### **Sunday:**

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#### Carlyn (violin/viola) - SOLD OUT

Chavar (guitar/bass) - 1 Opening

#### Chelsie (voice/piano) - SOLD OUT

Kevin P. (piano) – 1 Opening Olivia (piano) – 2 Openings Ryan (voice/piano) – 1 Opening Scott (drums) – 3 Openings Thomas (violin/viola) – 2 Openings Thomas (guitar/bass/ukulele) – 4 Openings Tyler (voice/piano) – 2 Openings