



November/December Newsletter

In House Improvements:

We got a new Yamaha Disklavier player piano! Not only is this fun for parties, it's a wonderful improvement we are happy to provide for our students!



Welcome 71 New Students:

Colton A.
Bridget A.
Will B.
Cael B.
Brooklyne B.
Felix B.
Evan B.
Valerie B.
Kari B.
August B.
Dominic B.



**There's a new baby!
A second baby grand was added
to the Forté Family!**



**We are stoked to provide high
quality instruments for our
students to learn on!**



Makayla C.

Zara C.

Zayn C.

Jenny C.

Chinia C.

Ileana F.

Grant D.

Paige D.

Alyssa E.

Nasheed F.

Ajeliel F.

Natasha G.

Zachary G.

Maya G.

Brianna H.

Upcoming:



~ Online Recital ~

12/20/2020

*More info below

~ Winter Break ~

12/24 - 1/1

~ Showcase Rescheduled ~

February 5th - 13th

Online Recital!

3 simple steps to participate!

1. Film your performance from home or your lesson!
2. Record horizontally for the best shot!
3. Send it to our email to be featured on our social media!

71 New Students

Continued:

Gunnar H.

Andrew H.

Everleigh H.

Nora H.

Liam K.

Andre K.

Dane K.

Emma K.

Ross K.

Max K.

Daniel L.

Chase L.

Rico M.

Demonte M.

Petra M.

The Toledo Repertoire Theatre Presents

**A Christmas
Carol**
**35th
Anniversary**

**Live and Livestream performances
December 3-6 and 10-13, 2020**

**Performance will be available
On Demand December 14-31, 2020**

**DVD will also be available for sale
at the live performances and online**



**Please visit toledorep.org
for more information**

Valentine M.

Trenton M.

James M.

Zachary M.

La'Niya M.

Legynd M.

Isabella M.

Ava N.

Clarissa N.

Havanna S.

Frances O.

Violet P.

Aadhrit R.

Brad R.

The Benefits of Music: How the Science of Music Can Help You

Music Improves Memory:

Researchers have evidence that the processing of music and language, specifically memorizing information, rely on some of the same brain systems. Researchers have also uncovered evidence that suggests the music we heard as teenagers has a greater emotional bind to our brain.

Music Improves Workouts:

Listening to music releases endorphins in the brain. In addition to feeling euphoric, endorphins quell anxiety, ease pain and stabilize the immune system. With high endorphin levels, we have fewer negative effects of stress. Turning up your tunes can also up the effort you exert during exercise.

Music Helps You Heal:

When slow music is played the heart blow slows down and blood pressure drops. This causes the breath to slow, which helps release tension in the neck, shoulders, stomach and back. Listening to slow or calming music on a regular basis can help our bodies relax, which over time, means less pain and faster recovery time. Researchers found that if stroke patients listened to music, their verbal memory and focused attention recovered better and they had a more positive mood.

Music Reduces Stress and Eases Anxiety:

Music seems to be able to change brain functioning to the same extent as medication. What type of music reduces stress best? Native American, Celtic, Indian stringed-instruments, drums and flutes, sounds of rain, thunder and nature sounds, light jazz, classical and easy listening music

Music Improves Sleep Quality:

People who listened to music showed statistically significant improvements in sleep quality and a decrease in depressive symptoms

Amy R.

Dennis R.

Owen S.

Johanna S.

Debbie S.

Jake S.

Eva S.

Aliyah T.

Chris W.

Andrew W.

Braylen W.

Brecken W.

Ned W.

Matthew Z.

Brooklynn Z.

Forté is Filling up! Here are the remaining teacher openings!

Monday:

Bogdan (violin/viola) – 1 Opening

Chelsie (voice/piano) – SOLD OUT

Dana (violin) – 2 Openings

Dennis (guitar) – 2 Openings

Dianne (voice/guitar/ukulele) – SOLD OUT

Jim A. (cello) – 3 Openings

Jim S. (voice/piano) – SOLD OUT

Justin (piano) – 2 Openings

Kevin S. (woodwind/brass) – 2 Openings

Ron (guitar/bass/mandolin/banjo) – 2

Openings

Ryan (voice/piano) – 2 Openings

Scott (drums) – 3 Openings

Sy (piano) – SOLD OUT

Tuesday:

Bogdan (violin/viola) – 2 Openings

Chelsie (voice/piano) – 1 Opening

Dianne (voice/guitar/ukulele) – SOLD OUT

Jim S. (voice/piano) – SOLD OUT

Kevin S. (woodwind/brass) – 2 Openings

Lucas (voice/guitar) – SOLD OUT

Melanie (piano) – SOLD OUT

Randy (violin/viola) – 1 Opening

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Ryan (voice/piano) – 2 Openings

Sam (drums) – 3 Openings

Sy (piano) – SOLD OUT

Taylor (guitar/piano) – 2 Openings

Wednesday:

Bogdan (violin/viola) – 1 Opening

Chelsie (voice/piano) – SOLD OUT

Jim A. (cello) – 2 Openings

Jim S. (voice/piano) – SOLD OUT

Justin (piano) – 2 Openings

Kevin P. (piano) – 1 Opening

Kevin S. (woodwind/brass) – 2 Openings

Melanie (piano) – SOLD OUT

Michael (voice/piano) – 2 Openings

Randy (violin/viola) – SOLD OUT

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Ryan (voice/piano) – 2 Openings

Sam (drums) – 2 Openings

Sy (piano) – SOLD OUT

Thomas (guitar/bass/uke) – 3 Openings

Thursday:

Bogdan (violin/viola) – 2 Openings

Dana (violin) – 3 Openings

Dianne (voice/guitar/ukulele) – SOLD OUT

Jim S. (voice/piano) – SOLD OUT

Kevin S. (woodwind/brass) – SOLD OUT

Lucas (voice/guitar) – SOLD OUT

Marjorie (piano) – 1 Opening

Randy (violin/viola) – SOLD OUT

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Ryan (voice/piano) – 2 Openings

Scott (drums) – 3 Openings

Sy (piano) – SOLD OUT

Taylor (guitar/piano/ukulele) – SOLD OUT

Forté is Filling up! Here are the remaining teacher openings!

Friday:

Ashley (clarinet/saxophone) – 1

Opening

Bogdan (violin/viola) – 1 Opening

Corey (trumpet) – 2 Openings

Diego (brass/piano/guitar) – 1 Opening

Joslynn (voice/piano) – 2 Openings

Justin (piano) – 2 Openings

Kayleigh (drums/percussion) – SOLD OUT

Lucas (voice/guitar) – SOLD OUT

Melissa (violin/viola) – 2 Openings

Peter (guitar/bass/oud) – SOLD OUT

Randy (violin/viola) – 3 Openings

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Tyler (voice/piano) – 2 Opening

Saturday:

Alexis (flute/guitar) – 3 Openings

Ashley (clarinet/saxophone) – 2

Openings

Bogdan (violin/viola) – SOLD OUT

Bonnie (piano) – 1 Opening

Corey (trumpet) – 2 Openings

Jim A. (cello) – 3 Openings

Peter (guitar/bass/oud)– SOLD OUT

Ron (guitar/bass/mandolin/banjo) – 1

Opening

Ryan (voice/piano) – 2 Openings

Sandra (piano) – SOLD OUT

Sunday:

Carlyn (violin/viola) – SOLD OUT

Chavar (guitar/bass) – 1 Opening

Chelsie (voice/piano) – 1 Opening

Kevin P. (piano) – 1 Opening

Olivia (piano) – 1 Opening

Ryan (voice/piano) – 2 Opening

Scott (drums) – 3 Openings

Thomas (violin/viola) – SOLD OUT

Thomas (guitar/bass/ukulele) – 2

Openings

Tyler (voice/piano) – 2 Openings

Safety Updates:

What we continue to do to keep lessons safe:

- Installed a UV Light in our HVAC system to kill any potential bacteria
- Installed upgraded air-filters in the HVAC system
- New Air purifier in lobby
- Using only our large rooms that allow 6 foot social distancing
- Everyone is required to wear a mask
- Stepped up our cleaning routine
- Limited occupancy for our lobby
- Plenty of hand sanitizer in every room
- Keyboards and door handles cleaned after every use
- Monitoring faculty & student temperatures daily

