



April Newsletter

In House Improvements:

We have made the switch to ONLINE LESSONS! It was hard work for our staff to get everyone set up and ready, but now we are operating smoothly so you can keep up on your musical progress from home!



Welcome 35

New Students:

Maria A.

Moaaz A.

Amelia B/

Christopher B.

Braden C.

Walker C.

Kristin D.

Jamari D.

Sean D.

Zabe G.

Features:

Thank you to everyone who gave the chance to online lessons and could continue with us! We all appreciate your support and for believing in us. We can't wait to get back to business as usual with everyone!



35 New Students

Continued:

Halyn G.

Zoey H.

Henry H.

Peyton J.

Veronica L.

Alexandra L.

Clint L.

Jude L.

Francesca L.

Derek M.

Calvin M.

Colette P.

Jonathon P.

Marvin S.

Forte has been featured in the news on WTOL, iHeart Radio, and in The Blade!

Blake S.

Zachary S.

Gautham S.

Kelly T.

Courtney T.

Eliza T.

Jacob V.

Dmya W.

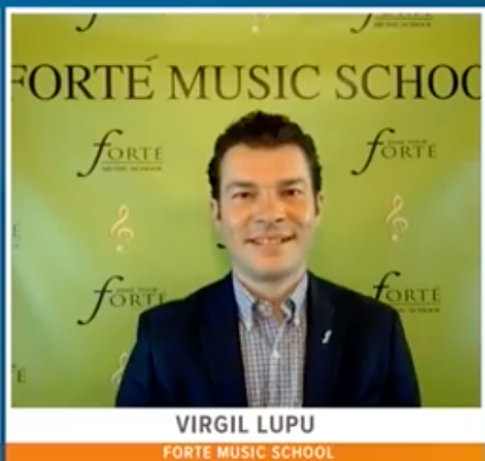
Alyssa W.

Ava W.

Christian Y.



AMANDA FAY
WTOL 11



VIRGIL LUPA
FORTÉ MUSIC SCHOOL

Five tips for improving your mental wellbeing with classical music

1. Classical music can aid recovery from illness, injury, or psychological stress

Listening to classical music reduces blood cortisol and promotes secretion of oxytocin, known as the 'love hormone', which is known to speed up wound healing and regeneration of blood vessels, decrease levels of psychological stress, promote good immune function and development, and suppress stress-associated immune disorders.

2. Use classical music to help regulate or support your mood

Listening to an upbeat work in the morning can help you establish a positive mood for the day ahead. Similarly, listening to relaxing classical music can take the edge off and make peak hour traffic more bearable.

3. Use classical music to sleep better

Set your alarm to wake you with Classic music playing softly in your bedroom (stimulating the release of dopamine and inhibiting norepinephrine release) and give yourself 10 minutes or so to just enjoy, if you can, and wake up gradually.

4. Sing in a choir or play in an orchestra, band or ensemble (When not social distancing)

Making music promotes social cohesion and connectedness between people, reducing isolation and providing a collaborative mode of getting together with a group of people for a common, apolitical purpose that offers a step away from day to day hassles, issues or struggles. Music making can provide a sense of collective purpose and an outlet for emotional expression. It can contribute to confidence building for people, help build a sense of self-worth, as well as improving attentional and focus skills, and offering a way of making new friends and finding a new community in which to decompress from the day to day.

5. Get moving with classical music

Classical music promotes the release of feel-good neurotransmitters, dopamine and serotonin, which can improve your mood and also your motivation levels, as well as oxytocin.

Forté is Filling up! Here are the remaining teacher openings!

Monday:

Bogdan (violin/viola) – 1 Opening
Chelsie (voice/piano) – 2 Openings
Dana (violin) – 2 Openings
Dennis (guitar) – 3 Openings
Dianne (voice/guitar/ukulele) – 3 Openings
Jim A. (cello) – 2 Openings

Jim S. (voice/piano) – SOLD OUT

Justin (piano) – 2 Openings
Kevin S. (woodwind/brass) – 2 Openings

Lucas (voice/guitar) – SOLD OUT

Ron (guitar/bass/mandolin/banjo) - 2 Openings
Ryan (Voice/piano) – 2 Openings
Scott (drums) – 2 Openings
Sy (piano) – 1 Opening

Tuesday:

Bogdan (violin/viola) – 2 Openings
Chelsie (voice/piano) – 2 Openings
Dianne (voice/guitar/ukulele) – 2 Openings

Jim S. (voice/piano) – SOLD OUT

Kevin S. (woodwind/brass) – 2 Openings

Lucas (voice/guitar) – SOLD OUT

Megan (voice/piano) – 2 Openings

Melanie (piano) – SOLD OUT

Randy (violin/viola) – 1 Opening
Ron (guitar/bass/mandolin/banjo) – 1 Opening
Ryan (voice/piano) – 3 Openings
Sam (drums) – 2 Openings
Sy (piano) – 1 Opening
Taylor (guitar/piano) – 3 Openings

Wednesday:

Bogdan (violin/viola) – 2 Openings
Chelsie (voice/piano) – 2 Openings
Jim A. (cello) – 3 Openings
Jim S. (voice/piano) – SOLD OUT
Justin (piano) – 4 Openings
Kevin P. (piano) – 1 Opening
Kevin S. (woodwind/brass) – 2 Openings

Melanie (piano) – SOLD OUT

Randy (violin/viola) – 1 Opening
Ron (guitar/bass/mandolin/banjo)– 2 Openings
Ryan (voice/piano) - 3 Openings
Sam (drums) – 3 Openings
Sy (piano) – 1 Opening

Thursday:

Bogdan (violin/viola) – 2 Openings
Dana (violin) – 3 Openings
Dianne (voice/guitar/ukulele) – 4 Openings

Jim S. (voice/piano) – SOLD OUT

Kevin S. (woodwind/brass) – 3 Openings

Lucas (voice/guitar) – SOLD OUT

Marjorie (piano) – SOLD OUT

Randy (violin/viola) – 2 Openings
Ron (guitar/bass/mandolin/banjo) – 2 Openings
Ryan (voice/piano) – 2 Openings
Scott (drums) – 2 Openings
Sy (piano) – 2 Openings
Taylor (guitar/piano/ukulele) – 2 Openings

Forté is Filling up! Here are the remaining teacher openings!

Friday:

Ashley (clarinet/saxophone) – 2

Openings

Bogdan (violin/viola) – 2 Openings

Corey (trumpet) – 3 Openings

Diego (brass/piano/guitar) – SOLD OUT

Justin (piano) – 3 Openings

Lucas (voice/guitar) – SOLD OUT

Melissa (violin/viola) – 2 Openings

Peter (guitar/bass/oud) – SOLD OUT

Randy (violin/viola) – 2 Openings

Ron (guitar/bass/mandolin/banjo) – 3

Openings

Tyler (voice/piano) – 2 Openings

Saturday:

Alexis (flute/guitar) – 3 Openings

Ashley (clarinet/saxophone) – 1 Opening

Bogdan (violin/viola) – SOLD OUT

Bonnie (piano) – SOLD OUT

Corey (voice/trumpet) – 3 Openings

Jim A. (cello) – 4 Openings

Jim S. (voice/piano) – SOLD OUT

Megan (voice) – 3 Openings

Peter (guitar/bass/oud)– SOLD OUT

Ron (guitar/bass/mandolin/banjo) – 2

Openings

Sandra (piano) – SOLD OUT

Sy (piano) – 1 Openings

Sunday:

Carlyn (violin/viola) – SOLD OUT

Chavar (guitar/bass) –1 Openings

Chelsie (voice/piano) – 2 Openings

Kevin P. (piano) – 1 Opening

Megan (voice) – 1 Openings

Olivia (piano) – 4 Openings

Scott (drums) – 4 Openings

Shannon (violin/viola) – 2 Openings

Tyler (voice/piano) – 2 Openings